



August 2025

St. Anthony's
Residential Home (Erdington) Ltd

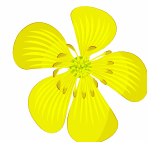
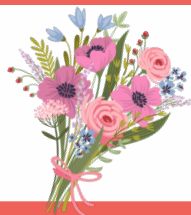


St. Anthony's Newsletter



A quote from one of our residents:

Phil " Well done everyone on the Garden party, the hard work was worth it ! and the singer was really good "



We had a truly lovely Summer Garden Party, and I want to thank all our staff for their fantastic work in making it such a success. Your dedication and care shone through, creating a wonderful day for our residents, families, and friends. I'm so proud of the team and grateful for the joy you bring to St Anthony's every day.



Summer Party 2025



"Our Summer Garden Party was a truly special occasion, bringing together residents, their families, and our dedicated staff for an afternoon of sunshine, delicious food, and wonderful music. It was heart-warming to see so many smiles, laughter, and moments of connection as everyone enjoyed the day together. A huge thank you to all who joined us and made it such a memorable celebration."





Everyone enjoyed the delicious food, and the fantastic raffle prizes—so generously donated—made the day even more special.”




Upcoming Events and Activities for September 2025

September is shaping up to be a vibrant and engaging month at St. Anthony's! From themed activity days to pamper afternoons, musical bingo, garden treats, and fun social events, there's plenty of joy, creativity, and connection ahead for our residents to enjoy.

Health and Wellbeing Tip of the Day

Handwashing Matters: Regular handwashing helps prevent infections. Encourage washing hands for at least 20 seconds, especially before meals and after using the bathroom.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AM MUSICAL INSTRUMENTS PM FILM AFTERNOON (HARRY POTTER)	2 AM BISCUIT DECORATING PM QUIZ TIME	3 AM GARDEN GAMES PM SKITTLES	4 AM BOARD GAMES HORSE RACING PM NEWS REVIEW	5 AM DOMINOES AND CARD GAMES PM BEAN BAG TOSS	6 AM BOOK CLUB PM PAMPER AFTERNOON
7 AM MUSICAL FILM MORNING PM GREAT NORTH RUN	8 AM SING A LONG WITH FAVOURITE OLD SONGS PM PAINTING	9 AM WAKE UP SHAKE UP PM GUESS THE SONG	10 AM KNITTER KNATTER PM CHOCOLATE TASTING	11 AM BINGO PM PET THERAPY	12 AM POETRY MORNING PM GENERAL KNOWLEDGE QUIZ	13 AM 60S CLASSIC FILM MARY POPPINS PM LIGHT EXERCISE
14 AM PUZZLE CLUB PM NEWSPAPER AFTERNOON	15 AM ITALIAN MUSICAL MORNING (WAKE UP SHAKE UP) PM GELATO TASTING	16 AM LETS TALK MEMORIES (HOLIDAYS) PM REMINCE BALL	17 AM FLOWER ARRANGING PM BRAIN TEASERS	18 AM CHAIR YOGA PM PAMPER AFTERNOON	19 COFFEE MORNING SHOPPING PM FILM	20 AM BOARD GAMES PM CROSSWORDS AND WORDSEARCHES
21 AM WOMENS RUGBY WORLD CUP PM FILM AFTERNOON BRITISH SEASIDE	22 AM JAM TASTING PM MUSICAL BINGO	23 AM ARTS AND CRAFTS (AUTUMN LEAVES) PM LIGHT EXERCISE	24 AM MUSIC THERAPY PM FLOOR NETBALL	25 AM WAKE UP SHAKE UP PM COLOURING	26 ST ANTHONYS CARNIVAL PM BOOK CLUB	27 AM SEATED DANCE PM TRIVIA AFTERNOON
28 AM STORY SHARING PM RELAXATION AFTERNON	29 AM SHARING MEMORIES OF SCHOOL DAYS PM CARD MAKING	30 AM BISCUITS TASTING PM QUIZ TIME				

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